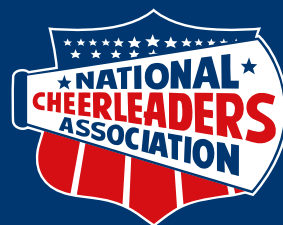


# SUMMER CAMP

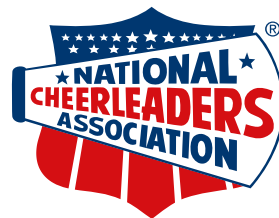
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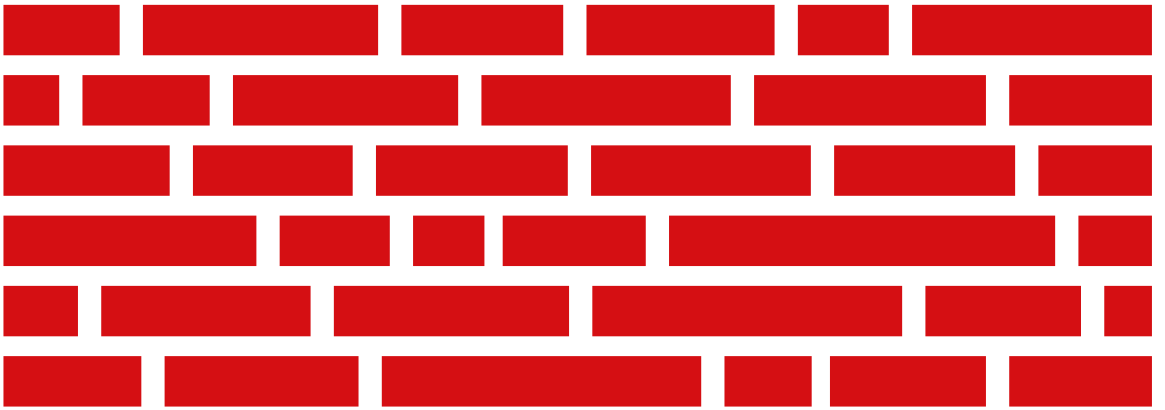






**WE BELIEVE ATHLETIC GROWTH AND PERSONAL GROWTH BOTH BEGIN ON THE INSIDE.**





## **SO WE BUILD TEAMS FROM THE INSIDE OUT.**

At NCA Camp, our personalized programs and instruction help build the inner strength, dedication, compassion, and drive that will inevitably shine outwardly for all to see.



Whatever your team's size or skill level, we have specialized curriculum that's perfect for you. Our innovative programs have everything you need to grow, achieve, and succeed!





## CAMP CURRICULUM INCLUDES:

- Creative Game Day cheers and chants
- Performance cheers and chants
- Safety and technique training
- Innovative performance dances
- NEW band dances
- The best stunt, basket, and pyramid training
- All-around team skills like motions and jumps
- Team Time and Leadership classes

## CAMP INSTRUCTORS

At NCA Camp, you'll be learning from the best. Our hand-selected, AACCA-certified instructors will provide hours of one-on-one time with the sole focus of helping your team grow.



At NCA Camp,  
you'll be learning  
from the best.



**N C A**



# LEARN, GROW, AND BOND TOGETHER

The team is the heart of every camp. Here, your team will learn and bond together. We've got plenty of scheduled Team Time activities to help bring your team closer and lay the foundation for your new cheer family.

Your team will also learn the principles of leading and supporting their team, school, and community. At camp, we don't just make great athletes; we make great people.

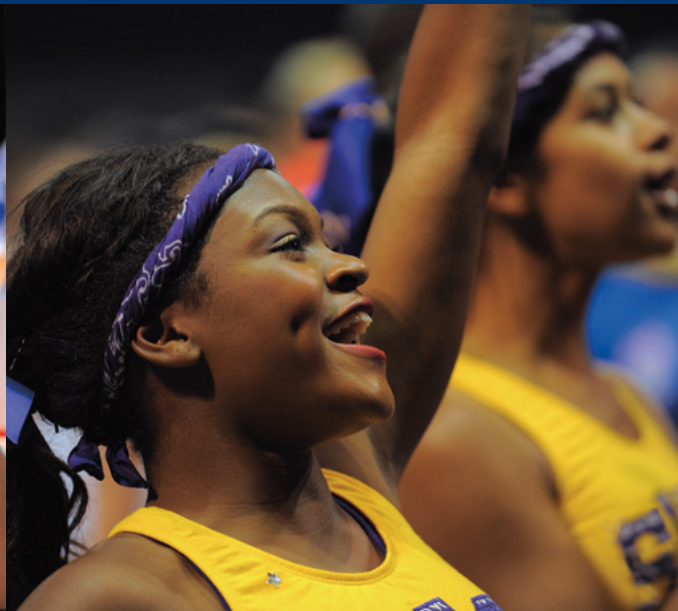
## COACHES

Coaches are the foundation on which every team is built. At NCA Camps, coaches receive the most up-to-date training to help elevate their team throughout the year.





**LET YOUR SPIRIT SHINE THROUGH!**



# FUN DAY

At NCA Camp, everyday is full of fun, but Fun Day is always a crowd favorite. Fun Day is a chance to dress up, let loose, and let your spirit shine through!

## **THIS YEAR'S THEME IS "FROM THE INSIDE OUT"!**

Plan to dress up on Fun Day!

Ideas:

- Wear your clothes inside out
- Dress as an emoji or wear a color that represents the whole team or individuals
- Choose a word that represents your team and bring the word to life
- Get creative and come up with other ideas to show off your spirit from the inside out!



Request your Digital Tryout Kit today by visiting [nca.varsity.com/TryoutKitRequest](https://nca.varsity.com/TryoutKitRequest)

We have the tools to help you select your team and start up the new season. Our comprehensive Tryout Kit includes everything you need to host a well-organized, successful tryout.

## **IN YOUR TRYOUT KIT YOU WILL FIND:**

- Tryout Cheer
- Tryout Chant
- Tryout Dance
- Tryout Checklist
- Score Sheets
- Team Constitution
- Parent Letter
- And more!



No two teams are the same, so we have camps of all kinds.

Explore all our camp types at [NCAcamp.com](https://www.nca-camp.com). Learn about our programs, view schedules, and compare curriculum offerings between all our camps.

Want the essential summer camp experience? We've got that. Want to focus on skills? We have that, too. Our exploration tool brings the camp experience to life so you can choose the perfect camp for your team.

## Ready to go?

**FIND THE PERFECT CAMP TYPE AT [NCAAMP.COM](https://www.nca-camp.com),  
THEN REGISTER RIGHT FROM THE SITE.**



SEPHORA



VARSITY.COM



Check out our 2018  
Summer Camp listings  
included with this brochure.

DON'T FORGET TO VISIT

[NCACAMP.COM](http://NCACAMP.COM)

